



Outdoor Green Health CPD for professionals

- 🍀 Enhance health & wellbeing
- 🍀 Improve performance
- 🍀 Build stronger teams
- 🍀 Learn, move & have fun!

Learning outcomes:

- 🍀 **Discover** how Green Health activities can enhance health, wellbeing & performance.
- 🍀 **Recognise** how wellbeing & performance can be impacted by professional demands.
- 🍀 **Develop** practical tools to support performance and meet professional standards.



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🍀 **EDINBURGH** 🍀 **GLASGOW**
🍀 **DUNDEE** 🍀 **PERTH**
🍀 **WEST LOTHIAN** 🍀 **ON SITE**

From £95pp
Max 14 participants
Packages available

Includes refreshments,
CPD Certificate & venue hire

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